

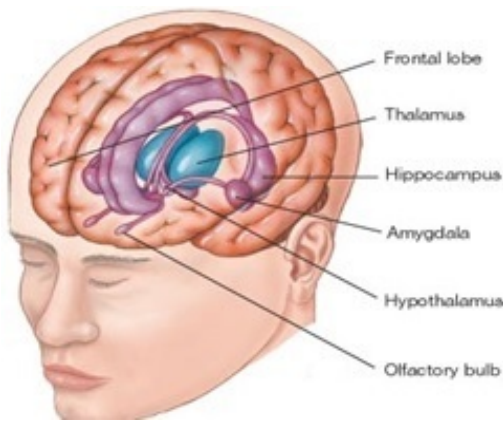


ALTERNATIVE HEALTHCARE SOLUTIONS

T.I.P.I. Course

Tapping Into Primal Instinct for the Reversal of Central Sensitization and Chronic Pain

ABOUT THE COURSE



Pain science is evolving. One thing's for sure, it is not evolving fast enough for most of us. While your schedules keep getting more and more chronic pain patients on them, they all seem to have fallen off the medical industrial conveyor belt multiple times. That's why they're chronic "painers."

Over 50 years ago, an amazing chance discovery shed light on what proved over and over to be an amazing evidence-based treatment technique using established acupuncture points...AND NO NEEDLES. You heard me...no needles... you simply tap on the points. 17 of them to be exact. This technique was originally used for fear, phobia, guilt, shame, heartache, disappointment, anger, sadness, post traumatic stress...aka all the negative human emotions. But it was soon discovered to be nothing short of phenomenal in eliminating chronic pain. It would appear that chronic pain and fear occupy the same neurologic pathways in the brain. Fear and the primal instinct to survive are the basics of what eventually is converted to a signal we can't ignore...PAIN

I know it sounds too good to be true but this is one of those times where it really is true. And the evidence backs it up. And couldn't we all use another tool in our bag of tricks to soundly address chronic pain at its roots...The Brain.

This 8 hour course is a mixture of lecture and lab with hands on practical application in many of the scenarios that we as therapists see in our daily practice.

Time: 7:30 AM - 5:30 PM with one hour lunch break

This course is approved for 8.25 CEUs by the Ohio Physical Therapy Association.
Individual states may vary due to their certification boards.

36200 Euclid Ave. Ste. 5 - Willoughby, OH 44094
440-918-0836

NATIONAL COURSE SCHEDULE

Visit: www.tomocklerpt.com/practitioners/seminar-schedule/



COURSE OBJECTIVES

- Understand the extent of the growing epidemic of chronic pain
- Describe and differentiate between pain and chronic pain
- Understand the differences between biomechanical model and biopsychosocial model of pain
- Understand the difference between pain receptors and nociceptors
- Describe the basic pain pathways from receptor into the brain
- Understand the basic mechanisms of central sensitization
- Understand the development of the human brain over time
- Understand the basic parts of the human brain's limbic system and their interrelated functions
- Understand some of the critical communication between your brain's limbic system
- Understand the basic history of the development of EFT
- Recognize the alternative names for EFT
- Discuss the shortfalls of the original theory of energy shift in explaining EFT
- Understand why digital acupoint stimulation is effective on chronic pain
- Understand the link between treating negative emotions and chronic pain
- Perform basic acupuncture points stimulation to eliminate chronic pain
- Understand the variations of acupoint stimulation and what they are used for
- Be able to perform the basic recipe of digital acupoint tapping and some variations on painful conditions

OUR STUDENTS SAY IT BEST . . .

"Great course right out of the gate! Appreciate the didactic portion and feel it is absolutely important to understand."

"Well done — I am using the EFT clinically since last year's M3 course and feel grateful for the extra training/info this course provided. Thank you for all that you do to educate, share and inspire!"

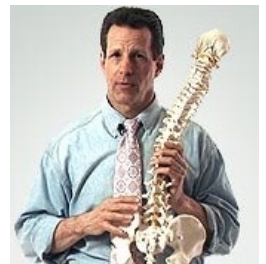
"Great examples of real life scenarios, should be very helpful in the future."

"Great background on the physiology of EFT beyond the energy thought, well researched."

"Thank you. Fantastic course. Worth every penny."

ABOUT TOM OCKLER, PT

Thomas K. Ockler P.T. received his P.T. degree from the State University of New York at Buffalo in 1978. In his 45 plus years of uninterrupted clinical practice, Tom has focused much of his attention on the correction of chronic pain and somatic dysfunctions using Non-Manipulative Manual Therapy Techniques. He has extensive teaching experience throughout the United States, Canada, United Kingdom and Australia. His background in bio-mechanics along with orthotic fabrication has been integrated with cutting-edge pain science and non-manipulative techniques to find cures for difficult musculo-skeletal disorders.



Tom uses a unique style that injects humor into complicated subjects and has developed teaching methods that explain very complicated subjects in easily understandable formats. Tom's training manuals, DVDs and YouTube Videos are all designed to be user-friendly educational resources for mastering these techniques. In 1999, Tom founded Alternative HealthCare Solutions; a solo practice devoted to the identification and correction of the most stubborn and complicated somatic dysfunctions. His practice draws patients from all over the USA as well as Canada and Europe.